

# Support Available to Staff and Parents

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The Black Country 24/7 Urgent Mental Health Helpline: 0800 008 6516 or Text: 07860 025 281

The Sanctuary Hub / No Wrong Door: 0808 802 2288

Samaritans: Offering emotional support 24 hours a day Tel: 116 123

Email: [jo@samaritans.org](mailto:jo@samaritans.org) Web: [www.samaritans.org](http://www.samaritans.org)

For more information on what support is available visit: [Walsall Mental Health Information Hub](#)