

Green group 30 hrs children have been talking and learning about eating healthy .

2 At snack time and lunch time we encourage the children to eat a balanced healthy and nutritious diet .



We decided to make a healthy snack for our morning break.

Fruit Kebabs

As the children create their own fruit kebabs we talk about the different fruits, their textures and the way they smell and taste.

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The children also counted the pieces of fruit on their kebab and create patterns with the different colours.



Green group continue to develop their fine motor skills whilst using knives to cut the fruit and thread it on to the kebab stick.

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"fruity" "yummy" "delicious" "juicy"

2



"sweet"

Then the best bit
eating them

"tasty"